



Paddle Prairie
METIS SETTLEMENT



Moccasin Messenger

NEWSLETTER

OCTOBER 2023



HAPPY
HALLOWEEN

Inside this issue:



PPMS, MSGC, and Community Calendars	3
Bulletin Board and Community Events	10
The Justice Program	11
MSGC SPI Program—Entrepreneur	12
MSGC SPI Program—Horticulture	13
Harvesting Application & MSGC Photo ID Information	14
Northern Lakes College—Apprenticeship Trades	15
Northern Lakes College—Pre-Employment Trades	16
Emergency Medical Career Training	17
Climate Change Resiliency Action Plan	18
Summary of Canada Pension Plan and Old Age Security Benefits	23
Reconciliation	24
Contact Us—Service Lists	25
Local Business Directory	27
Colouring Page	28



Paddle Prairie
METIS SETTLEMENT

October 2023

Settlement Meetings

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Regular Council Meeting 9 am	3	4	5	6	7
8	9 Office Closed 	10	11 <i>Cut off for agenda</i> noon	12	13	14
15	16 Regular Council Meeting 9 am	17	18	19	20	21
22	23	24	25 <i>Cut off for agenda</i> noon	26	27	28
29	30 Regular Council Meeting 9 am	31 				

October 2023



Metis Settlement General Council

October 2023

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November 2023

Su	Mo	Tu	We	Th	Fr	Sa
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Oct 1	2	3 9:00am Peavine (3rd Floor) Executive Team 10:00am Executive Update on 1:00pm Update on	4 10:00am DFO meeting (3rd Floor Boardroom) - Reception	5 8:30am SIC meeting (Executive Conference Room) - 10:00am Harvesting (3rd Floor Boardroom; 3rd	6 1:00pm Economic Development (Executive Conference Room) - Reception	7
8	9	10 [REDACTED] 10:00am Executive Team Meeting (Microsoft)	11 9:30am Gift Lake (Executive Conference Room) - Reception	12 9:30am Peavine (Microsoft Teams Meeting; 3rd Floor Boardroom) - Reception	13	14
15	16	17 10:00am Executive Team Meeting (Microsoft Teams Meeting) - Chief Administrative Officer	18	19 10:00am Assembly (3rd Floor Boardroom) - Reception 10:00am Wolverine Workshop (3rd Floor	20 8:30am Child & Family Services (Microsoft Teams Meeting; 3rd Floor Boardroom) - Reception	21
22	23	24 10:00am Executive Team Meeting (Microsoft Teams Meeting) - Chief Administrative Officer	25	26 5:30pm MSSTI Student meet and greet (3rd Floor Boardroom) - Reception	27	28
29	30	31 10:00am Executive Team Meeting (Microsoft Teams Meeting) - Chief Administrative Officer	Nov 1	2 2	3 3	4 4



Paddle Prairie
METIS SETTLEMENT

November 2023

Settlement Meetings

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Proclamation Day	2	3	4
5	6	7	8 <i>Cut off for agenda noon</i>	9	10	11 Remembrance Day
12	13 <i>Regular Council Meeting 9 am</i>	14	15	16	17	18
19	20	21	22 <i>Cut off for agenda noon</i>	23	24	25
26	27 <i>Regular Council Meeting 9 am</i>	28	29	30		

November 2023



Metis Settlements General Council

December 2023

November 2023

Su	Mo	Tu	We	Th	Fr	Sa
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Su	Mo	Tu	We	Th	Fr	Sa
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Oct 29	30	31	Nov 1	2	3	4
5	6	7 8:00am Child & Family Services (3rd Floor Boardroom) - 10:00am Executive Team Meeting (Microsoft)	8 8:30am Alberta Health/Health Board (Microso 4:30pm)	9	10	11 Remembrance Day (Canada)
12	13	14 10:00am Executive Team Meeting (Microsoft Teams Meeting) - Chief Administrative Officer	15	16	17	18
19	20	21 10:00am Executive Team Meeting (Microsoft Teams Meeting) - Chief Administrative Officer	22	23	24	25
26	27	28 10:00am Executive Team Meeting (Microsoft Teams Meeting) - Chief Administrative Officer	29	30	Dec 1	2



October 2023



Recreation

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1		2 Closed	3 Toddler Craft & Play 9-11am Kids Thanksgiving Craft 3:30-5pm Ages 5-7 must be with adult	4 Cleaning and prep	5 Youth Thanksgiving Craft 3:30-5pm ages 8-17 Womens Night 6-8pm (Hall)	6 Community Thanksgiving Dinner 6pm	7
8		9 Happy Thanksgiving	10 Obstacle Race Fun 3:30-5pm Ages 5-11yrs Ages 5-7 must be with an adult	11 Toddler Scavenger Hunt 10am Kids Scavenger Hunt 3:30-4:30 ages 5-11yrs	12 Womens Night 6-8pm(Hall)	13 Night Corn Maze Fun ages 8-17yrs	14
15		16 Moms Morning Out 10am-noon Teen Games 3:30-5pm	17 Toddler Craft & Play 9-11am Public Swimming 6-7pm ages 8-17	18 Scary Movie 7pm	19 Shopping For Halloween	20 Shopping For Halloween	21
22		23 Family Halloween Movie 6pm	24 Toddler Halloween Craft 10am-noon Adult Minute to win it 7pm	25 Glow Skate & Weiner Roast 5-7pm	26 Womens Night 6-8pm(Hall)	27 Hall Booked	28 Hall Booked
29		30 Halloween Party 5-8pm	31 Scary House FRN				

October 2023

Family Resource Network



Sunday	Monday	Tuesday	Wed	Thurs	Friday	Saturday
Contact Priscilla @ 981-3329	2 CLOSED IN LIEU	3 Organizing & Cleaning	4 Organizing	5 Organizing	6 Organizing & cleaning	7
8 11am-1 pm Brunch Families with children ages 9-17yrs only 6:00-8:00pm Minute to Win it FRN Families	9 Thanksgiving Holiday	10 8:30-12:00 Paint Night 3:30-5:30 5-7yrs Skills N Thrills 6:00-8:00pm 12-17yrs	11 CLOSED My weekend	12 CLOSED My weekend	13 8:30am-12:00pm Crafts 3:30-5:30 0-4 yrs Cornhole 6:00-8:00 12-17yrs	14 11am-1 pm Brunch Families with children ages 0-8yrs only 6:00-8:00pm Soup for the soul FRN Families
15 11am-1 pm Brunch Families with children ages 9-17yrs only 6:00-8:00pm Minute to Win it FRN Families	16 8:30-12:00 Learn N Play 3:20-4:20 5-7yrs Cooking with kokum 4:30-6:00pm 0-4yrs Skills N Thrills 6:00-8:00pm 12-17yrs	17 8:30-12:00 Arts N Crafts 3:30-5:30 5-7yrs Minute to Win It 6:30-8:00 8-11yrs	18 CLOSED My weekend	19 CLOSED My weekend	20 No Programming	21 11am-1 pm Brunch Families with children ages 0-8yrs only 6:00-8:00pm Soup for the soul FRN Families
22 11am-1 pm Brunch Families with children ages 9-17yrs only 6:00-8:00pm Minute to Win it FRN Families	23 8:30-12:00 Learn N Play 3:20-4:20 5-7yrs Crafts 4:30-6:00 0-4yrs Skills N Thrills 6:00-8:00pm 12-17yrs	24 8:30-12:00 Drop In 3:30-5:30 8-11yrs Minute to Win It 6:30-8:00 8-11yr	25 CLOSED My weekend	26 CLOSED My weekend	27 8:30am-12:00pm Drop In 3:30-5:30 0-4yrs Cornhole 6:00-8:00 12-17yrs	28 Prep for Scary House
29 Prep for Scary House	30 Halloween Party 5-8pm Arena	31 Scary House 4-9pm				

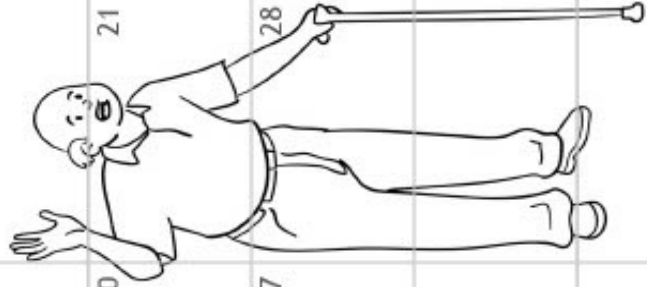
October

Office Open 8:00 - 4:30, unless otherwise posted.
 Computer, Internet, Printer available
 780 981 2021

2023

Centre Open for Coffee, Tea, Cards, Games,

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Closed In Lieu Truth & Reconciliation	3	4	5 Lunch for Seniors Noon	6 Half Day	7
8	9 Closed Thanksgiving 	10 Memory Quilt 2:00 pm	11 Crafts 1:00 pm	12 Lunch for Seniors Noon	13 Movie Afternoon 1:00 pm	14
15	16	17 Memory Quilt 2:00 pm	18 Crafts 1:00 pm	19 Lunch for Seniors Noon	20 Half Day	21
22	23	24 Memory Quilt 2:00 pm	25 Crafts 1:00 pm	26 Lunch for Seniors Noon	27 Movie Afternoon 1:00 pm	28
29	30	31 Halloween Contest Light Snacks PP School w/ Student 				





Paddle Prairie Administration Building

Hours of Operation:

Monday to Friday

8 am to 12 pm

Key Access Only after 1 pm

BULLETIN BOARD

Thursday Lunches For Seniors Only

12 to 1 pm

Sit down or pick up

At Seniors Centre

Paddle Prairie Recreation

PPMS Gym Opening



Everyday from 6 am to 9 pm

\$25 per month per user

Family pricing available

To register or if you have any questions,
please free to contact reception

Crib Tournament Every Sunday Starts 2:00 pm

At the Communiplex \$10 to play

Contact Joan for more details
at 780-285-0934

Jam Sessions



EVERY THURSDAY

7 TO 9 PM

AT THE COMMUNIPLEX



EVERYONE WELCOME

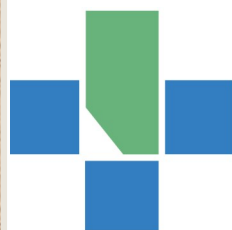


Find us on:
facebook

To stay up to date on impromptu
event announcements,
follow the official Facebook page at

[www.facebook.com/](http://www.facebook.com/paddleprairie.ms)

paddleprairie.ms



Alberta Health Services PPMS Clinic

Doctor's Clinics are Mondays

Medications are ready for pick up on
Tuesdays at 3:00 pm.

Public Health comes out on the
2nd Thursday of each month.

Foot Care Days are on Tuesdays and
Thursdays.

PADDLE PRAIRIE METIS SETTLEMENT

**Box 58
PADDLE PRAIRIE, AB T0H 2W0**



THE JUSTICE PROGRAM

Do you have fines?

Would you like to work off those fines?

Sign up with the Justice Program for fine options now!

Different opportunities available pending on if you have a workable fine.

For more information, call Brenda Farnel at 780-981-2227 ext. 103

For Restorative Justice processes, Conflict Resolution, Mediation and Information
For support referrals and guidance contact



Indigenous Justice Coordinator

Brenda Farnel

Phone: (780) 981-2227 ext.103

TELEPHONE: 780.981.2227

FAX: 780.981.3737



MSGC SPI Program - Entrepreneurship

Open to all On and Off Settlement members *

Do you have a small business idea you want to get off the ground? Join the MSGC SPI Program—Entrepreneurship. This program is catered to help small businesses and owners get familiar with everything from marketing to bookkeeping.

To join, email Shelley Ducharme at SDucharme@msgc.ca with “LinkedIn Entrepreneurship” in the subject line to receive a license on the LinkedIn platform.

Stage One	Member completes Entrepreneurial Pathway (Ruleset below) Member receives \$10 for each course completed on the pathway
Stage Two	Member completes business plan Member receives \$1,200 business startup
Stage Three	Member purchases capital \$5,000 (Must produce receipts to receive) Member receives \$2,500 (50/50)
Stage Four	Member provides proof of previous expenditures Member purchases capital \$15,000 (Must produce receipts to receive) Member receives \$10,000

LinkedIn Ruleset:

- \$10 completion bonus paid for all courses (completed) on the Entrepreneurial Pathway.
- \$10 completion bonus paid for all other courses that are accredited **and** include at least one quiz. To receive the completion bonus the learner must complete all of the quizzes attached to the course. Accredited courses on the LinkedIn platform are those recognized by: National Association of State Boards of Accountancy (NASBA), Project Management Institute (PMI), Society for Human Resource Management (SHRM), International Institute of Business Analysis (IIBA); and the Computing Technology Industry Association (CompTIA).
- Courses not on the Entrepreneurial Pathway, not accredited, or without a quiz no longer eligible for the \$10 completion bonus. Members are free to take these courses at their own prerogative.
- Completion bonus of \$10 paid per course to a maximum of four courses per week.
- Quiz and course completion cut-off is 11 PM on the first Tuesday of the month.
- To be eligible for Amazon Gift Cards and Prize lounge you must be in good standing with all receipts. If you have received gift cards and have not handed in the receipts within 30 days, you will no longer be eligible for the Amazon gift cards or prize lounge.

Prize Draws:

- All draws start at 4:00 PM. Draw occurs the first Thursday of the month.
- Complete one course on the Entrepreneurial Pathway or complete an accredited course (including associated quiz) to enter.
- Draw numbers have levelized odds of winning.
- Each participant receives a unique draw number.
- All gifts and prizes are Amazon e-gift cards, delivered by email by business day's closing one day following a draw.

Prizes are \$250, and five draws of \$100 for each month.

* Who is this for?

- We encourage all Metis Settlement Members.
- No pre-requisites. You need a phone and wi-fi.
- Employees and partners in MSGC-SPI are eligible for training, but not Amazon gift card prizes.

For more information, please contact
our Economic Development/SPI
Coordinator Shelley Ducharme at
1-780-822-4059 or email
EcDev@msgc.ca



MSGC SPI Program - Horticulture

Open to all On Settlement members with land*

Are you interested in a small scale agriculture business to offset food scarcity in your settlement? The MSGC SPI Program - Horticulture will help you gain the resources and equipment to startup your home business.

This program helps build a business plan to distribution.

To join, email Shelley Ducharme at SDucharme@msgc.ca with "LinkedIn Horticulture" in the subject line to receive a license on the LinkedIn platform.

Stage One	Member completes Entrepreneurial Pathway (Ruleset below) Member receives \$10 for each course completed on the pathway
Stage Two	Member completes horticulture homework Member receives gift cards for seeds and tools and \$1,200 minor capital (ex: rototiller) Member receives textbook Member receives and hands in soil and water samples to Settlement representative
Stage Three	Member completes business plan, financial report, and marketing plan Member provides receipts for seeds and tools gift cards (Gift card receipts must be handed in within 30 days of being received to move forward with program) Member receives \$1,200 business startup (ex: laptop, printer, and/or equipment) Member provides proof expenditure
Stage Four	Member receives major capital (\$5,000) (Greenhouse) Member receives tool allowance for structure (\$250) Member receives building incentive upon completion (\$1000) Member purchases \$5000 in capital and receives \$2,500 (50/50) upon proof of purchase
Stage Five	Member completes 75% horticulture extension pathway Member receives \$10 for each course completed on the pathway Member receives gift cards for seeds for the next year

LinkedIn Ruleset:

- \$10 completion bonus paid for all courses (completed) on the Entrepreneurial Pathway.
- \$10 completion bonus paid for all other courses that are accredited **and** include at least one quiz. To receive the completion bonus the learner must complete all of the quizzes attached to the course. Accredited courses on the LinkedIn platform are those recognized by: National Association of State Boards of Accountancy (NASBA), Project Management Institute (PMI), Society for Human Resource Management (SHRM), International Institute of Business Analysis (IIBA); and the Computing Technology Industry Association (CompTIA).
- Courses not on the Entrepreneurial Pathway, not accredited, or without a quiz no longer eligible for the \$10 completion bonus. Members are free to take these courses at their own prerogative.
- Completion bonus of \$10 paid per course to a maximum of four courses per week.
- Quiz and course completion cut-off is 11 PM on the first Tuesday of the month.
- To be eligible for Amazon Gift Cards and Prize lounge you must be in good standing with all receipts. If you have received gift cards and have not handed in the receipts within 30 days, you will no longer be eligible for the Amazon gift cards or prize lounge.

Prize Draws:

- All draws start at 4:00 PM. Draw occurs the first Thursday of the month.
- Complete one course on the Entrepreneurial Pathway or complete an accredited course (including associated quiz) to enter.
- Draw numbers have levelized odds of winning.
- Each participant receives a unique draw number.
- All gifts and prizes are Amazon e-gift cards, delivered by email by business day's closing one day following a draw.
- Prizes are \$250, and five draws of \$100 for each month.

* Who is this for?

- We encourage all on Metis Settlement Members.
- No pre-requisites. You need a phone and wi-fi.
- Employees and partners in MSGC-SPI are eligible for training, but not amazon gift card prizes.

For more information, please contact our Economic Development/SPI Coordinator
 Shelley Ducharme at
 1-780-822-4059 or email
EcDev@msgc.ca

Harvesting Rights



The Metis Harvesting in Alberta Policy (2018) is designed to ensure that Métis people who might be beneficiaries of Aboriginal harvesting rights, as guaranteed by s. 35 of the Constitution Act, 1982, have the ability to hunt, fish and trap for food. The Government of Alberta aims to continue to ensure the protection and sustainability of these harvesting rights for eligible Métis individuals, while showing cultural sensitivity to the importance of this practice when enacting the Policy.

Harvesting Rights are important to many Métis peoples' way of life but in order to have access to those rights, registration is required.

[Metis Harvesting Applications are available at the office](#)

Completed forms can then be handed in to Serena Savard. Once the application is processed, your MSGC card will need to be updated in Land & Membership. From there, your new MSGC card will show what Harvesting zones you have access to.

If you have any questions or concerns, do not hesitate to contact Lori Christian at 780-981-2227 Ext 111

Scan for more information

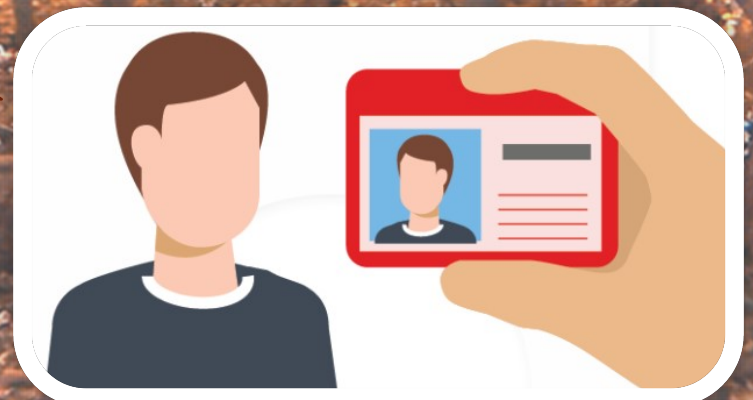


MSGC Membership Cards

NOW AVAILABLE

Book your appointment today!

Call Lori in Land and Membership at
780-981-2227 Ext 111





APPRENTICESHIP TRADES

Be ready for the future!

CARPENTER APPRENTICESHIP

First Period • October 2, 2023, to November 24, 2023, in Slave Lake
Second Period • January 8, 2024, to March 1, 2024, in Slave Lake
Third Period • March 11, 2024, to May 3, 2024, in Slave Lake
Fourth Period • May 6, 2024, to June 28, 2024, in Slave Lake

ELECTRICIAN APPRENTICESHIP

First Period • May 6, 2024, to June 28, 2024, in Slave Lake
Second Period • September 5, 2023, to October 27, 2023, in Slave Lake
Third Period • October 30, 2023, to December 22, 2023, in Slave Lake
Fourth Period • January 8, 2024, to March 29, 2024, in Slave Lake

WELDER APPRENTICESHIP

First Period • October 2, 2023, to November 24, 2023, in Slave Lake
Second Period • March 11, 2024, to May 3, 2024, in Slave Lake
Third Period • May 6, 2024, to June 28, 2024, in Slave Lake

Apply now!

Industry-relevant education close to home.

START HERE. GO ANYWHERE.

www.northernlakescollege.ca



NORTHERN LAKES
COLLEGE

Gain experience before you enter the field with Pre-Employment Trades. Increase the likelihood of getting hired as an apprentice.



NORTHERN LAKES
COLLEGE

PRE-EMPLOYMENT TRADES

EDUCATION SCHEDULE

PRE-EMPLOYMENT CARPENTER

September 5, 2023, to December 22, 2023, in Slave Lake
September 5, 2023, to December 22, 2023, in Wabasca
February 26, 2024, to June 21, 2024, in High Level

PRE-EMPLOYMENT ELECTRICIAN

March 18, 2024, to July 12, 2024, in Slave Lake

PRE-EMPLOYMENT HEAVY DUTY MECHANIC

September 5, 2023, to December 22, 2023, in High Prairie

PRE-EMPLOYMENT INDUSTRIAL MECHANIC

February 5, 2024, to April 26, 2024, in High Prairie

PRE-EMPLOYMENT WELDER

September 5, 2023, to December 22, 2023, in Slave Lake
September 5, 2023, to December 22, 2023, in High Level



Did you know that students can graduate from high school with the first period education successfully completed, providing entry-level skill sets to pursue career aspirations in trades? Any of the above offerings can be taken as a Dual Credit option. Contact Brian Panasiuk for more details: dualcredit@northernlakescollege.ca

Apply now!

Industry-relevant education close to home.
START HERE. GO ANYWHERE.
www.northernlakescollege.ca

Pre-Employment Contact:
tradesaccount@northernlakescollege.ca
1-866-652-3456

Are you interested in an Emergency Medical Career?

The Metis Settlements Health Board and AHS are partnering to offer **Emergency Medical Responder (EMR) training at no cost to Metis Settlement members** of Buffalo Lake, East Prairie, Elizabeth, Fishing Lake, Gift Lake, Kikino, Paddle Prairie and Peavine in the **fall of 2023**.

What is an Emergency Medical Responder (EMR)?

- A member of a dedicated patient care team
- Responds to emergency scenes in an Ambulance or other designated vehicle
- Performs patient assessment, basic emergency treatments, and documents the care provided
- Transports patients from scenes or between health care facilities
- Collaborates and works amongst a multidisciplinary team of paramedics, physicians, nurses, and other medical professionals
- Some firefighters are cross trained as EMRs

Apply today for training that begins in Fall 2023!

This opportunity is made possible through the Alberta Boehringer-Ingelheim Collaboration Fund, a partnership between Boehringer Ingelheim Canada Ltd. (BICL), the Government of Alberta, and the University Hospital Foundation (UHF).



To learn more and apply:

Please **scan the QR code**, **click here** or **email** MetisTraining@ahs.ca





To better prepare for the impacts of climate change and extreme weather, Paddle Prairie Métis Settlement created a **Climate Change Resiliency Action Plan**. During a series of community workshops in the fall of 2022, the Settlement heard from youth, Elders, and residents to understand their concerns for climate change within the Settlement and surrounding region.

The Plan outlines actions that the Settlement can take to prepare for and become more resilient to the impacts of wildfire and flooding and build awareness of climate change in the community. This Plan was developed to take steps to safeguard the natural environment and sustain traditional ways of life for generations to come.

The project was funded by the **Municipal Climate Change Action Centre (MCCAC)**, a partnership of Alberta Municipalities, Rural Municipalities of Alberta, and the Government of Alberta.

For questions, contact: Justin Gaudet admin@paddleprairie.com



Municipal Climate Change Action Centre

A partnership of



SUMMARY OF CANADA PENSION PLAN AND OLD AGE SECURITY BENEFITS

Turning 60 years old

Someone who turns 60 may be eligible for:

- ▶ **Canada Pension Plan (CPP) retirement pension** – a monthly payment for someone at least 60 years old who has worked and made valid contributions to the CPP. The pension amount depends on how much and for how long they contributed to the CPP and at what age they want their pension to start. Starting the CPP retirement pension at age 60 for example, will decrease their pension amount by 36%.
- ▶ **Post-retirement benefit** – if someone between the ages of 60 and 65 continues to work while receiving their CPP retirement pension, they must continue to participate in the CPP. Their CPP contributions go toward post-retirement benefits, which will increase their retirement income.
- ▶ **Old Age Security (OAS) Allowance** – a monthly payment for someone aged 60 to 64 whose spouse or common-law partner is receiving the OAS pension and is eligible for the Guaranteed Income Supplement.
- ▶ **OAS Allowance for the Survivor** – a monthly payment for someone aged 60 to 64 whose spouse or common-law partner has died, who has not remarried

or entered into a new common-law relationship and whose annual income is below the eligible threshold. For information on the threshold, visit the [OAS payment amounts](#) webpage.

Turning 65 years old

Someone who is 65 or older may be eligible for:

- ▶ **CPP retirement pension** – a monthly payment for someone who has worked and made valid contributions to the CPP. The pension amount depends on how much and for how long they contributed to the CPP and at what age they want their pension to start. People may choose to delay starting their pension (up to age 70) and the pension amount would increase. Delaying receipt of the CPP retirement pension from age 65 to age 70 for example, will increase their pension by 42%.
- ▶ **Post-retirement benefit** – if someone aged 65 or over continues to work while receiving their CPP retirement pension, they can choose whether to contribute to the CPP. If they continue to contribute, their CPP contributions go toward post-retirement benefits, which will increase their retirement income.

- ▶ **OAS pension** – a monthly payment for someone who meets the legal status and residence requirements.
- ▶ **Guaranteed Income Supplement** – a monthly payment for someone who receives an OAS pension and whose annual income (or in the case of a couple, a combined income) from the previous year is below the eligible threshold. For information on the threshold, visit the [OAS payment amounts](#) webpage.

Living with a disability

A CPP contributor under the age of 65 who becomes disabled may be eligible for:

- ▶ **CPP disability benefit** – a monthly payment for someone who has worked and contributed to the CPP and whose disability is severe and prolonged and prevents them from working at any job on a regular basis.

In addition, their child or children may be eligible for:

- ▶ **CPP children's benefit** – a monthly payment for the child of someone who receives the CPP disability benefit. The child must be under the age of 18, or between 18 and 25 and attending a recognized school or university full time.

Changes in personal situation

Changes in someone's personal situation may affect their benefits. Service Canada must be notified when any of the following events occurs:

- ▶ **a couple can no longer live together for reasons beyond their control** (for example, if one of them is in the hospital or living in a nursing home), they may be entitled to a higher payment;
- ▶ **divorce or separation** (Contributions made to the CPP can be equally divided for the period they lived together while married or in a common-law relationship. This is called credit split (ISP1901).);
- ▶ **marriage or common-law relationship status;**
- ▶ **change of address;** or
- ▶ **any absence from Canada over six months.**

Death

Service Canada must be notified as soon as possible when someone receiving CPP and/or OAS benefits dies. The month in which someone dies is their last month to receive benefits. Any benefits received after that month must be repaid.

When a parent, spouse or common-law partner dies, these benefits may be available:

- ▶ **CPP survivor's pension** – a monthly payment to the surviving legal spouse or common-law partner of a deceased contributor.
- ▶ **CPP death benefit** – a one-time, lump-sum payment made to the estate of a deceased CPP contributor.
- ▶ **CPP children's benefit** – a monthly payment to the child(ren) of a deceased CPP contributor. The child(ren) must be under the age of 18, or between 18 and 25 and attending a recognized school or university full time.
- ▶ **OAS Allowance for the Survivor** – a monthly payment for someone aged 60 to 64 whose spouse or common-law partner is deceased and who has not remarried or entered into a common-law relationship and whose annual income is below the eligible threshold. For information on the threshold, visit the [OAS payment amounts](#) webpage.

Other useful information

Raising children

Someone who contributed to CPP and stopped working or worked less in order to raise their children may be eligible for

the child-rearing provision to increase their CPP benefit. A section of the CPP application is dedicated to this provision.

Having lived or worked in another country

Someone who lived or worked in Canada and another country, or is the survivor of someone who did, may be eligible for pensions and benefits from both countries because of a social security agreement. For more information, visit the [Lived or living outside Canada – Pensions and benefits](#) webpage.

Working or living in the province of Quebec

The CPP and Québec Pension Plan work together to make sure that all contributors receive a retirement pension. Someone should contact [Retraite Québec](#) if they:

- ▶ have only worked in Quebec;
- ▶ currently live in Quebec and have worked in Quebec and in another province or territory; or
- ▶ have worked in Quebec, currently live outside Canada and their last province of residence was Quebec.

For more information

📄 Visit canada.ca/en/services/benefits/publicpensions

☎ Call 1-800-277-9914
(please have the Social Insurance Number available)

Fill out a service [request form](#) and a Service Canada representative will call you within two business days.

Forms are available on Canada.ca. Search by form name or document number (e.g. ISP1000).

CANADA PENSION PLAN RETIREMENT PENSION

Eligibility

To be eligible you must:

- ▶ have worked in Canada and made at least one valid contribution to the Canada Pension Plan (CPP) (earnings above \$3,500 per year); and
- ▶ be 60 years old or older.

Under 65 years old

If you continue working, receive your CPP retirement pension and are under 65 years old, you must continue to contribute to the CPP. Your contributions will go toward post-retirement benefits and will increase your retirement income.

65 years old and older

If you continue working, receive your CPP retirement pension and are 65 years old or older, you can choose whether to continue contributing to the CPP. If you choose to continue contributing, your CPP contributions will go toward post-retirement benefits and will increase your retirement income.

For information on post-retirement benefits, visit the [Canada Pension Plan post-retirement benefit](#) webpage.

Your pension amount depends on how much and for how long you contributed to the CPP and at what age you want your pension to start.

How to apply

Option 1

Apply online through [My Service Canada Account \(MSCA\)](#).

If you do not already have a MSCA, you will need to request a personal access code (PAC). A PAC is your key to accessing Service Canada's secure online services. Visit the [request a personal access code](#) webpage for all the details.

Option 2

Complete, sign and mail the Application for [Canada Pension Plan Retirement Pension \(ISP1000\)](#) to Service Canada.

Other useful information

Child-rearing provision

If you stopped working or worked less in order to raise your children while they were under the age of 7, you could use the child-rearing provision to increase your CPP benefit. To request this, complete Section 11A of the [CPP Retirement application form \(ISP1000\)](#).

Credit split after separation or divorce

The CPP contributions you and your spouse or common-law partner made during the time you lived together can be equally divided after a divorce or separation; this is called a credit split. To request the credit split, complete, sign and mail the [Canada Pension Plan Credit Split \(upon separation or divorce\) form \(ISP1901\)](#), to Service Canada.

The Canadian Retirement Income Calculator and the CPP Statement of Contributions in MSCA can help you decide when to start your CPP retirement pension by estimating how much you might receive. You can also complete, sign and mail the [Estimate Request for Canada Pension Plan Retirement Pension form \(ISP1003\)](#) to Service Canada.

Visit the [Canadian Retirement Income Calculator](#) webpage for more details.

Working or living in the province of Quebec

The CPP and Québec Pension Plan work together to make sure that all contributors receive a retirement pension. Contact [Retraite Québec](#) if you:

- ▶ have only worked in Quebec;
- ▶ currently live in Quebec and have worked in Quebec and in another province or territory; or
- ▶ have worked in Quebec, currently live outside Canada and your last province of residence was Quebec

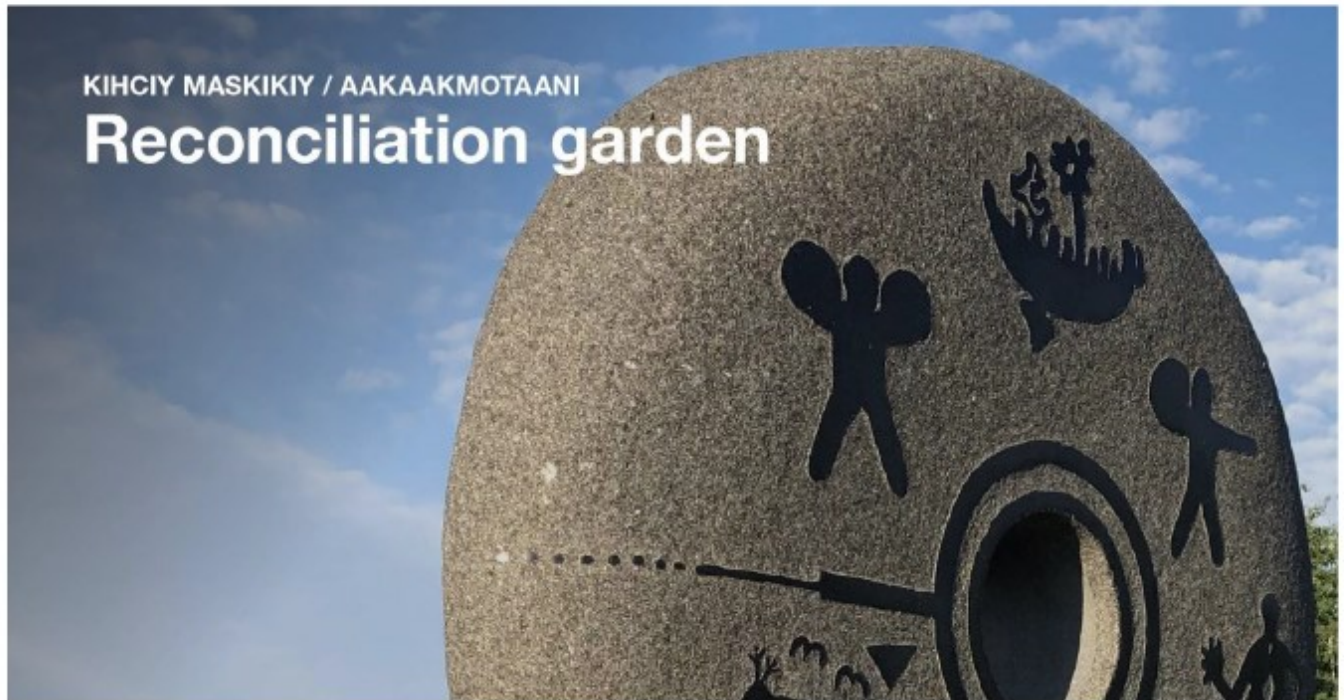
For more information

- 📍 Visit Canada.ca/ CPP
- ☎ Call 1-800-277-9914 (please have your Social Insurance Number available)

Fill out a [service request form](#) and a Service Canada representative will call you within two business days.

Forms are available on Canada.ca. Search by form name or document number (e.g. ISP1000).

Reconciliation



On September 29, Indigenous leaders and community members joined government to unveil the province's memorial to the victims and survivors of Canada's residential school system. Watch the livestream on [Alberta.ca](https://www.alberta.ca).

Reconciliation garden opening

On September 29, Indigenous leaders and community members joined Alberta's government for the opening of the reconciliation garden *Kihciy Maskikiy / Aakaakmotaani* (Cree and Blackfoot words meaning 'sacred medicine / save many people').

The garden features a large stone monument by Cree sculptor Stewart Steinhauer titled 'Mother Earth Circling'. The sculpture stands as a memorial to the victims and survivors of Canada's residential school system.

It is my hope that *Kihciy Maskikiy / Aakaakmotaani* will be a place for learning and reflection where people can honour survivors, their loved ones and all those affected by the residential school experience.

The monument is Alberta's response to the Truth and Reconciliation Commission's Call to Action #82 to create a permanent memorial in the capital city to honour residential school survivors, their families and communities.

Scholarship opportunity in Britain

Applications are open for the [Chevening/Briggs Scholarship](#) which offers a fully-funded one-year master's degree at any

Follow us on [Facebook](#) to stay in touch

©2023 Government of Alberta | October 3, 2023 | Indigenous Relations

university in the United Kingdom (UK). Priority will be given to strong First Nations, Inuit and Métis applications.

Chevening is the British government's global scholarship program. Alumni of the prestigious program include Mélanie Joly, Minister of Foreign Affairs and Vice-Admiral Angus Topshee, Commander of the Royal Canadian Navy.

Applicants can attend information sessions for more details. Follow [@UKinCanada](#) on Twitter, Facebook and Instagram for dates/links. Deadline to apply is November 7.

Social Studies curriculum

Reconciliation starts with education. Albertans can share their thoughts on what they'd like students to learn in Alberta's social studies curriculum, including First Nations, Métis and Inuit culture, history and traditions.

Complete the survey by October 16 at [alberta.ca/curriculum-have-your-say](https://www.alberta.ca/curriculum-have-your-say). Survey results will be used to inform draft curriculum before it's released for further engagement. You can find more information on government's engagement and redraft of the kindergarten to Grade 6 social studies curriculum at [Alberta.ca](https://www.alberta.ca).





PO Box 58
Paddle Prairie, Alberta
T0H 2W0
Phone: 780-981-2227
Fax: 780-981-3737
Website: www.paddleprairiemetis.com

Contact us

SERVICES

<p>Alden Armstrong Chairperson 780-841-5336 Alden@paddleprairie.com</p>	<p>Settlement Sooniyow Corp. Board of Directors Metis Settlement Council Board of Director for the MSGC</p>
<p>Dean Ducharme Vice Chairperson 780-285-0299 Dean@paddleprairie.com</p>	<p>Health Investment SIC STI</p>
<p>Philip Ghostkeeper Council Member 780-285-9693 Phil@paddleprairie.com</p>	<p>Consultation Environment Harvesting</p>
<p>Chester Omoth Council Member 780-836-0627 Chester@paddleprairie.com</p>	<p>Housing Board @ MSGC</p>
<p>George Wanuch Council Member 780-841-8130 George@paddleprairie.com</p>	
<p>Justin Gaudet Chief Administrative Office 780-981-2227 ext 119 admin@paddleprairie.com</p>	<p>Housing / Repair Requests Council Concerns STI</p>
<p>Marvin Parenteau Public Works 780-926-6447</p>	<p>Public Works</p>
<p>Dion Lizotte Water Treatment Lead 780-285-9229 Dion@paddleprairie.com</p>	<p>Water Treatment Operator</p>
<p>Dennis Ducharme Water Truck 780-926-9414</p>	<p>Water Hauling Services</p>



PO Box 58
 Paddle Prairie, Alberta
 T0H 2W0
 Phone: 780-981-2227
 Fax: 780-981-3737
 Website: www.paddleprairiemetis.com

Contact us SERVICES

<p>Shyanne Christian Main Office Reception 780-981-2227 (office) reception@paddleprairie.com</p>	<p>Post Master (8:00 am to 12:00 pm only) Gym Membership Registration</p>
<p>Audrey Charrette Recreation Coordinator 780-981-2912 (arena) audrey@paddleprairie.com</p>	<p>Comuni-plex Bookings Recreational Programs</p>
<p>Priscilla Christian Cultural Navigator/ Family Educator 780-981-3329 (FRN) wilma.cardinal@paddleprairie.com</p>	<p>Family Programming FRN Registration</p>
<p>Brenda Farnel Community Justice 780-502-4220 brenda@paddleprairie.com</p>	
<p>Sandra Furguson Cancer Prevention 780-981-2227 Sandra@paddleprairie.com</p>	<p>Cancer Prevention Resources</p>
<p>Joan Wanuch Seniors/Disabled Coordinator 780-285-0934 joan@paddleprairie.com</p>	<p>Seniors/ Disabled Programming</p>
<p>Lori Christian (Interim) Director of Lands 780-981-2227 ext 111 membership@paddleprairie.com</p>	<p>Harvesting Application Land & Membership Clerk Consultation Department Resources / Economic Development</p>
<p>Lori Christian Economic & Resource Development 780-981-2227 Ext 107 lori@paddleprairie.com</p>	<p>Timber Permits Horticulture Project Safety Tickets</p>

Local Business Directory

SENIOR CENTRE

FREE SERVICES OFFERED

Income Tax, Renewal of Firearms with Picture, Applications for OAS/GIS/CPP/AISH, Assist with applications for EI, Haircuts (no license behind scissors)

Joan Wanuch—780-285-0934

B3 Ranch

Tanya Christian-Braun & Shawn Braun

Heritage pigs (Yorkshire / Hereford; Berkshire/ Hereford)

Services offered—Weaner Pigs, feeder pigs.

Slaughter on-site

Butchered and processed

Broiler Chickens

Slaughter on-site

Butchered and processed

Wild Game

Services offered—butchered and processed

Location: Highway 35 0 husky oilfield road (Chinchaga road) 7.5 Kms down the road, right hand turn.

Call or text 780-821-2757 for appointment

Or email tanyabraun9@gmail.com

Beading Creations by Lindsey

Lindsey St.Germain

Beaded earrings, pins, pop sockets, and lanyards

FB: Beading Creations by Lindsey

Email: mommy003388@gmail.com

Beadwork by Jordan

Jordan Alanna -Indigenous self taught artisan

Beaded jewelry, earrings, pins and lanyards

FB: Beadwork by Jordan

Email: jordee@gmail.com

Cardinal Creative Creations

Wilma Cardinal—780-605-0100

Ribbon skirts, ribbon shirts, arm bands, curtains, catering, cakes, baby blankets, table top tips

Joey Cardinal—780-605-0602

Miniature log cabins, cremation urns, handing flower baskets, benches, yard signs, wood hauling (split and delivered for \$100), carpentry.

Email: Wil.card@telus.net

Christian Tupperware

Michelle Christian

Tupperware Sales Representative

Website: michellechrisitan.my.tupperware.ca

Cell: 780-926-9245

Faithe McGuire: Film and Photography

Faithe McGuire

Family photos, weddings, special events, media marketing, orientation videos for training purposes, etc.

Cell: 780-926-7579

Email: Faithe@fmproductions.ca

McGillivray's Welding

Portable welding services.

McGillivraysWelding@hotmail.com

Tyler McGillivray—780-502-0624

Michelle Ghostkeeper Esthetics

Miyo Skin Clinic

Botox and filler.

To book an appointment call 780-821-4252

Instagram [@Michelleghostkeeper.lpn](https://www.instagram.com/Michelleghostkeeper.lpn)

Offering esthetics mobile or in my home after the new year.

Classic Facial, Custom Facial, Dermaplaning, Chemical peels, Add-ons; Hand massage, Foot massage

Cell: 780-502-0530

Email: Tylin3@hotmail.com

Do you have a business and would like to advertise in our newsletter?

It is a FREE service for all community members.

Email your advertisement to Harley-Lane@outlook.com

